

## Donations Needed - Supplies For Medical Mission

Hygiene Kits (or supplies to make them): soap, shampoo, conditioner, deodorant, toothbrush, toothpaste, floss, washcloth, lotion, comb, ziploc bags (Enough for 700 people)

Non Prescription Medications (not limited to) - **(priorities in red)**

**Pain Relievers** for adult, children and infants (Tylenol, Advil, Aleve) (10,000 tabs each)

**Vitamins:** Adult (10,000tabs), prenatal (1000tabs)

children's (not gummy or gum ball) (10,000 tabs), infant drops (50)

**Triple Antibiotic Ointment** (200 tubes)

**Allergy medicines** for adults & children (Benadryl, Zyrtec, Claritin) (1000 tabs each)

**Tums** (for stomach pain, heartburn, and as calcium supplements) (10,000 tabs)

**Vaginal Cream:**

> **Antifungal cream** ( clotrimzole, miconazole & lotrisone) topical & vaginal(1000 tubes)

> **Hydrocortizone cream** (100 tubes)

**Multi Symptom Cough medicine** (20 bottles)

Bacitracin (20 tubes)

Asprin 81 and 325 mg (1000 each)

Benadryl cream (100 tubes)

A & D ointment (10 tubes)

Vaseline (to make topical medications and dry skin) (10 pounds)

Laxatives (fiber supplements 2-3 tubs, colace (500 tabs), and dulcalax (100 tabs)

Immodium (very small amount) (100 tabs)

Pedialyte powder (if possible)

Infant formula (to treat malnutrition) (10 cans of powder)

**Condoms!!!** As many as possible (trash bags full!!!)

Saline drops for eyes and stuffy noses (50-100 pks)

Maalox or Mylanta liquid (5 bottles)

Used Glasses and sunglasses of all strengths!! (eye exams are done in clinics)

**Supplies for clinics:** Pens (50 or more), paper, computer labels, Sharpies (20 each) (Black, Red, Green and Blue), ziploc bags we use thousands(all sizes), trash bags, paper bags (300), paper towels, hand sanitizer, gloves (non latex exam gloves), tongue depressors, 4x4 gauze, 2x2 gauze, kling, coban, ace bandages, bandaids, diabetic testing supplies, urine dipsticks (200), wet ones, alcohol, peroxide, saline wound wash, betadine scrub, pregnancy tests (200), Beanie Babies & Knitted Dolls.

**School Supplies:** Single subject notebooks, theme books, paper, pens, pencils, crayons, colored pencils, markers, rulers, erasers, pencil sharpeners (not electric or battery operated), glue sticks, books in Spanish, solar calculators

**Craft Supplies:** markers, crayons, colored sheets of foam, beads, embroidery floss, pens, pencils, paper, coloring books, bubbles, kites, sports equipment

lightweight summer clothes and shoes always needed

Soccer Balls & air pumps, tennis balls, baseballs

Tools - pencils, utility knife, measuring tape, vice grips, screw gun etc.